



Trull C of E VA Primary School

Telephone Number: 01823 333239

Office email: Office.Mailbox@TrullSchool.co.uk



Ash Class News

Ash Class have had a wonderful and busy start to the week. The children began by taking part in "Spirituality Through Play," where they enjoyed visiting and collaborating with pupils and staff from other classes.

During our Church Collective Worship on Wednesday, Mrs Khodabandehloo shared the story of 'Daniel and the Lions', and some of the children were excited they got to join in!

In class, we have been exploring the topic of minibeasts. The week ended creatively with the children devising their own "Hungry Caterpillar" dance, using scarves to act out the transformation into butterflies. Our real caterpillars are also growing rapidly, which has been a great source of excitement and curiosity.

We are continuing to care for our sunflower seeds, watering them regularly and observing their progress closely.

*I have come that they may have life,
and have it to the full.
John 10:10*





Spirituality Through Play

The Theme this year was
UP, IN, OUT & TOGETHER.
UP for connecting with God, IN for
understanding ourselves, OUT for loving
others and TOGETHER for community and
belonging.

Thank you to Mrs Spiller and the volunteers
from the church who helped develop our
understanding of spirituality, through fun
and interesting activities!





CYCLO-CROSS

Huge congratulations to our team of Year 6's (Daniel, William, Edward, Harry, Rowan, Emily, Amber & Alice) for coming in 1st place at our first ever Cyclo-Cross event on Thursday around Ash Meadow.





This week Maple class have been planting runner beans, French beans and snap peas. We are very excited to watch them grow!



Congratulations to Josie, Isobel, Rose, Lily, Barney, Alex & Sol who took part in the Netball County Finals this week. They came 6th in the whole of Somerset!



17 children from Year 3 took part in a Cross Country event on Monday held in the grounds of King's College Prep School. Well done to you all!

Summer Term – Important dates

May

Mon 4 th	Bank Holiday
Wed 6 th	Reception and Y6 Height and Weight checks
Thurs 7 th – Fri 8 th	Year 5 Residential - Wildside
Fri 8 th	Rowan Class Assembly
Mon 11 th	SATs Week
Tues 12 th	Y4 trip to Wessex Water
Fri 15 th	Y5 & Y6 to Matilda at Queens College
Mon 18 th	Y3 Kingfisher Award trip (more info to follow)
Tues 19 th	Y4 Kingfisher Award trip (more info to follow)
Thurs 21 st	Tempest – Class photos and year 6 leavers photos
Fri 22 nd	Willow Class Assembly
Mon 25 th – Fri 29 th	HALF TERM

ATTENDANCE

The classes with the best attendance this week are:

Beech & Willow!

June

Fri 19 th	Beech Class Assembly
Wed 24 th	Parent Book Look (more info to follow)
Thurs 25 th	Sports Day (more info to follow)
Fri 26 th	INSET DAY

LUNCHTIME AWARD

The classes who received the most lunchtime tokens for kindness, respect and good behaviour this week are:

Maple & Oak Classes!

VACANCY

Due to retirement, we are looking to appoint a Cleaner for June 2026.

Further information can be found on our website:

<https://www.trullprimary.com/page/?title=Staff+Vacancies&pid=19>

or please come and speak with Mrs Crudge in the School Office.

We take child protection extremely seriously at our school. If you have a concern, you can speak to any of the school's designated and trained Child Protection officers: Miss Grammer, Mrs Cerullo, Mr Bottomley or Mrs Crudge. Alternatively, you can ring Childrens Social Care on: 0300 123 2224 or Email childrens@somerset.gov.uk

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about INSTAGRAM



follow

WHAT ARE THE RISKS?

Instagram is a highly popular social media platform owned by Meta. It allows users to share photos and videos, post stories, send private messages, go live, explore public content, and interact with others worldwide. As a user-generated platform widely accessed in the UK, Instagram is directly affected by the Online Safety Act 2023, which places legal duties on platforms to better protect children from harm.

ADDICTIVE DESIGN

Instagram is designed to encourage prolonged engagement through endless scrolling, personalised recommendations, and social feedback such as 'likes' and comments. Young people may feel pressure to constantly check updates in case they miss out. Even with new regulatory duties, children can still lose track of time, affecting sleep, homework, and real-world relationships.

SCHEDULED AND DIRECT MESSAGES

Instagram allows users to schedule direct messages. While convenient, this can result in messages arriving late at night or early in the morning, disrupting sleep and increasing anxiety. Although UK regulation requires stronger protections against stranger contact, risks remain if children accept unknown followers or move conversations across platforms.

LIVESTREAMING AND PUBLIC EXPOSURE

'Going Live' enables real-time interaction with followers. If an account is public, broadcasts can potentially be viewed more widely, increasing exposure. Although under-16s face tighter restrictions and may require parental permission to use live features, livestreaming still carries risks, including inappropriate comments, pressure to perform, and unwanted contact.

THREADS AND PUBLIC CONVERSATIONS

'Threads' is Instagram's linked, text-based platform, where posts can appear within the Instagram environment. It encourages participation in public conversations that may involve strangers. While parental controls may carry across, children can still encounter misinformation, hostile exchanges, or inappropriate content, particularly in trending or viral discussions.

META AI AND BLURRED BOUNDARIES

Instagram includes Meta AI chat features, allowing users to ask questions and receive responses. Young people may access inaccurate or unreliable information, or begin to treat AI as a trusted companion. Although platforms are expected to reduce harmful outputs under UK law, AI systems can still provide misleading information and are not a substitute for real relationships.

EXCLUSION AND SOCIAL PRESSURE

Instagram centres around visibility and social approval. Not being tagged, receiving fewer likes, or being excluded from group chats can deeply affect a young person's sense of belonging. Even with the regulatory changes limiting harmful content and stranger messaging, peer comparison and online social hierarchies continue to impact young people's self-esteem and emotional wellbeing.

Advice for Parents & Educators

USE TEEN ACCOUNT PROTECTIONS

Ensure children sign up with their real age. Instagram's 'Teen Accounts' provide default private profiles for under-16s, restrict who can message them, and apply stronger content controls. Review messaging settings, nudity protection features, and live permissions together. Remember that safeguards are helpful but not foolproof, and regular review is essential.

SET HEALTHY BOUNDARIES

Use Instagram's activity dashboard and built-in time management tools to agree daily limits. Consider device-free times, particularly before bed, to protect sleep. Scheduled messages and constant notifications can interrupt rest, so explore notification controls together and encourage balanced offline activities to reduce dependency.

TALK ABOUT THE LAW AND SAFETY

Discuss how the Online Safety Act is designed to protect children, while explaining that no system removes all risk. Help young people understand why age verification, private accounts, and restricted messaging matter. Encourage them to question content, report concerns, and recognise that platforms have legal duties but families and schools still play a key role.

KEEP COMMUNICATION OPEN

Create an environment where children feel comfortable discussing what they see or experience online. Talk about influencers, filters, AI chatbots, and online friendships – without judgement. Reinforce that AI tools are not real friends and that privacy matters. A calm, ongoing dialogue is far more effective than reacting only when problems arise.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator, and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian Government, comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



See full reference list on our website

@wake_up_weds

/www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

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 Trull School Fundraiser's Event



LIVE MUSIC & HOG ROAST

SNAPPA



SAT 13 JUNE 26
7.30-11.30pm
Trull Memorial Hall

Tickets £25
Early Bird Tickets £22.50
Purchase before 2 May 2026



SCAN ME

**GET YOUR
TICKETS NOW**

18+

Adults Only

Please note we are unable to offer refunds for this event and transfers are subject to approval from the TSF

TSF@TrullSchool.co.uk

Early Bird tickets now extended until Monday 4th May!



**MULTI-SPORT
ACTIVITY CAMP**

NOW AVAILABLE FOR YEAR 2
CHILDREN TO ATTEND!

DODGEBALL

HALF TERM HOLIDAYS
Tuesday 26th May 2026

SUMMER HOLIDAYS
Thursday 23rd July 2026
Friday 24th July 2026
Monday 27th July 2026

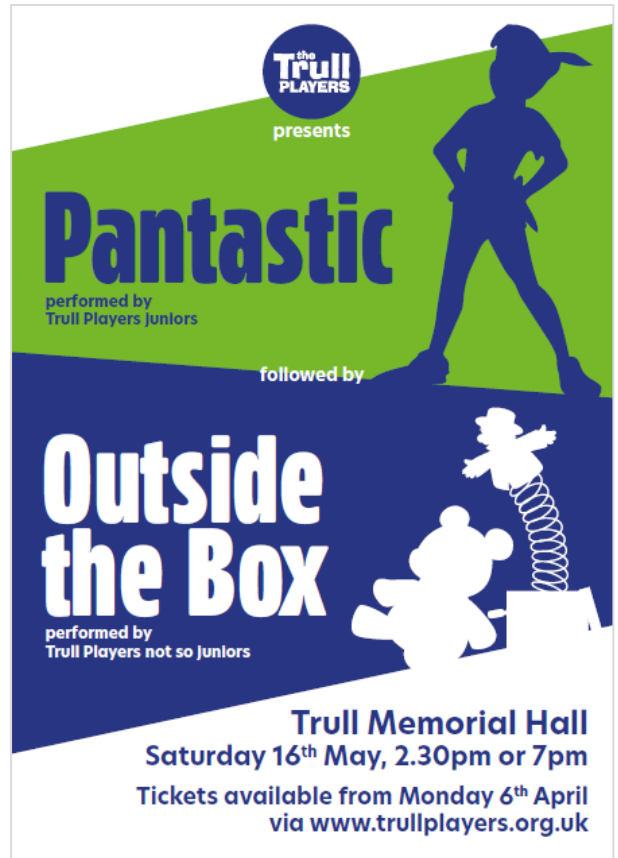
08:30 – 16:00

£25 per day
Trull C of E VA Primary School
Head Coach: Mrs. Mitchell
Assistant Coach: Mrs. Andrews

OPEN TO CURRENT
YEAR 2-YEAR 6
CHILDREN

* max 24 children per day, minimum of 15
for club to run.

Forms have now been given out!



the Trull PLAYERS
presents

Pantastic
performed by
Trull Players Juniors

followed by

**Outside
the Box**
performed by
Trull Players not so Juniors

Trull Memorial Hall
Saturday 16th May, 2.30pm or 7pm
Tickets available from Monday 6th April
via www.trullplayers.org.uk



TRULL KARATE SCHOOL

Register your child for our Kids Karate program
Fridays 4:30pm and 5:05pm-6:05pm.
Venue: Trull Memorial Hall TA3 7JZ

- Focus and Respect
- Team Work and Achievements
- Character Building
- Self-Awareness
- Coordination
- Agility and Balance

Tania or Matt 07875599715

First class free



QUEEN'S

**MONDAY 4 MAY
OPEN MORNING**

Email to register:
admissions@queenscollege.org.uk
Or visit:
queenscollege.org.uk