



# Trull C of E VA Primary School

Telephone Number: 01823 333239

Office email: [Office.Mailbox@TrullSchool.co.uk](mailto:Office.Mailbox@TrullSchool.co.uk)



*I have come that they may have life,  
and have it to the full.  
John 10:10*



## Willow Class

Despite this term only being a short one, the Year 5's have so much to squeeze in!

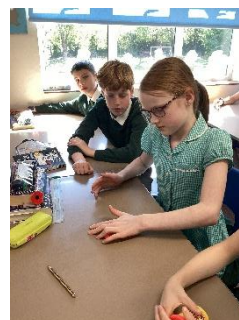
In English, they will be writing 'warning stories' inspired by the Ancient Greek myth about Daedalus the inventor, and his son Icarus.

This week in Maths, the Year 5's have been focusing on statistics - learning how to draw and interpret line graphs.

In Design & Technology, we have started to learn about pizza! Throughout the coming weeks, the children will be designing their own pizzas whilst aiming to create a healthy balanced meal. So far this week, they practised their dough kneading techniques using playdough!

Last term, Willow Class started a Band Club - take a look at the photos of our talented musicians!

However, there is one thing on most of the Year 5's minds already...in just two weeks, Willow Class will be going on their residential trip to Wildside! All of the Year 5's are VERY excited. We look forward to telling the rest of the school all about our trip in the Willow Class collective worship - I'm sure we will have plenty of photos and videos to share! 😊





We were excited to return after Easter for Forest Church this week. We were welcomed with some beautiful sunshine and some new members from Ash Class.

We spent some time discussing our Wednesday Collective Worship and the theme of resurrection. We talked about new life and built our own tombs using nature from the Forest School area. We were very lucky to have Emily, Amber P and Olivia D helping us.



At The National College, our *WakeUpWednesday* guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](http://nationalcollege.com).

# What Parents & Educators Need to Know about STREAMING SERVICES

## WHAT ARE THE RISKS?

Streaming services are platforms that allow users to watch cartoons, documentaries and movies online immediately (often referred to as SVoD: streaming videos on demand). Ofcom reported that children and young adults prefer streaming services to traditional TV. With two-thirds of UK households subscribing to at least one streaming service, parents must understand how to manage screen time, set age restrictions and ensure safe viewing.

### COSTLY

Subscription services can be costly. As the main source of entertainment, most households have at least one streaming platform, and each platform has its own monthly subscription fee. Services are charging more for ad-free viewing, and better quality and resolution; however, there is a cheaper option with adverts. Due to price increases, Netflix and Disney+ reported a sharp increase in users subscribing to their ad-supported tier in 2025.

### ILLEGAL STREAMING

Sharing passwords or using modified Fire Sticks to access streaming content without permission is illegal. Most streaming services have now put measures in place to detect account sharing. When account sharing is identified, platforms will offer an opportunity to pay for an added member or will ask the user to verify who they are.

### AGE-INAPPROPRIATE CONTENT

Most streaming platforms allow users to set up a profile for each family member, with the option of putting specific restrictions in place. These include adding a profile lock or PIN, controlling autoplay of previews and next episodes, and limiting content based on age ratings. Nonetheless, these restrictions aren't foolproof. Content which is rated as suitable for an age group may still include themes, language, or images which children and families find inappropriate.

### EXCESSIVE SCREEN TIME

Excessive screen time contributes to sedentary behaviour and can negatively impact physical and mental health. Ofcom found that 4- to 15-year-olds averaged 2.5 hours per day across all video-sharing platforms, not including gaming. The vast range of content available, combined with features such as autoplay, makes it easy for children to watch for extended periods of time.

### BINGE WATCHING

Features such as autoplay make it easy for viewers – especially young people – to continue watching episodes without a break. This can foster unhealthy and addictive patterns, such as consuming a vast amount of content in one sitting. With binge watching come a lack of social interaction, lack of physical exercise, and often late nights and sleep disruptions which impact their mental and physical wellbeing.

### HARMFUL STEREOTYPES

Many platforms track viewing habits, time consumed, and preferences, and generate recommendations to encourage your child to keep watching. This results in your child being in a 'loop' whereby they think the 'recommended' shows would be something they would enjoy rather than thinking critically for themselves. This can shape their beliefs, values, and understanding of the world from a young age without even realising it.

## Advice for Parents & Educators

### SET UP INDIVIDUAL PROFILES AND ADD PINS

Almost all streaming services allow users to set up individual profiles where each family member can have age restrictions put in place for the content they can view. Adult profiles can be protected through the use of PIN. Use the options of putting specific restrictions in place such as controlling autoplay of previews and next episodes, and limiting content based on age ratings.

### TALK ABOUT ALGORITHMS

Talk to your child about how streaming services track what they watch, and base adverts and recommended shows/movies on previous viewing. Encourage them to critically think about whether the recommendations are suitable and how they want to spend their time. Discuss stereotypes with your child and challenge them to think about what they watch and how this may influence their beliefs.

### MONITOR AND TALK OFTEN

Discuss with your child what they are watching, find out which programmes are trending, and watch them yourself. Have a little look at their watch history to check the content of what they're watching. Some platforms have been known to recommend or autoplay older or graphic content after a child's movie has been played. While some TV shows or movies may have a suitable age rating, your child may still find the content scary, or it may explore themes you don't want to explore with your child yet.

### SET TIME RESTRICTIONS

Many streaming services offer the opportunity to buy movies, or add additional features to your subscription such as sports channels, as well as play games. This can increase the amount of time young people spend sitting idly in front of the screen. Some platforms (e.g. Apple TV+) allow you to set screen time restrictions. If the streaming service doesn't allow you to set screen time limits, set a family rule and stick to it.

### Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator, and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian Government, comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



See full reference list on our website



Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 11.03.2026

## Summer Term – Important dates

### **May**

Mon 4 <sup>th</sup>	Bank Holiday
Wed 6 <sup>th</sup>	Reception and Y6 Height and Weight checks
Thurs 7 <sup>th</sup> – Fri 8 <sup>th</sup>	Year 5 Residential - Wildside
Fri 8 <sup>th</sup>	Rowan Class assembly
Mon 11 <sup>th</sup>	SATs Week
Tues 12 <sup>th</sup>	Y4 trip to Wessex Water (more info to follow)
Thurs 21 <sup>st</sup>	Tempest – Class photos and year 6 leavers photos
Fri 22 <sup>nd</sup>	Willow Class Assembly
Mon 25 <sup>th</sup> – Fri 29 <sup>th</sup>	HALF TERM

### **June**

Fri 19 <sup>th</sup>	Beech Class Assembly
Wed 24 <sup>th</sup>	Parent Book Look (more info to follow)
Thurs 25 <sup>th</sup>	Sports Day (more info to follow)
Fri 26 <sup>th</sup>	INSET DAY

### ATTENDANCE

The class with the best attendance this week is:

**Maple Class!**

### Jewellery Reminder

For safety reasons, the wearing of jewellery is discouraged. Children with pierced ears should only wear studs. They should not have any more than one piercing in each ear. These will need to be removed or taped over for PE sessions.

## Half-term Multi-Sport Activity Camp

Lots of fun was had at the Easter Multi-Sport activity camp.



## **VACANCY**

Due to retirement, we are looking to appoint a Cleaner for June 2026.

Further information can be found on our website:

<https://www.trullprimary.com/page/?title=Staff+Vacancies&pid=19>

or please come and speak with Mrs Crudge in the School Office.

Spaces now open for year 2 children!



The poster features a dark blue background with two yellow stars in the top corners. At the top, the text 'MULTI-SPORT' is in large blue and orange letters, with a row of sports balls (basketball, softball, soccer ball, baseball, tennis ball, football) below it. Underneath, 'ACTIVITY CAMP' is written in large blue and orange letters. A white banner with a blue border on the left says 'NOW AVAILABLE FOR YEAR 2 CHILDREN TO ATTEND!'. The central focus is a large red dodgeball with 'DODGEBALL' printed on it, along with a logo for 'MAD' and 'WOLFE'. Surrounding the ball are icons for baseball (bat and ball), soccer (ball), basketball (ball and hoop), and cricket (bat, stumps, and ball). At the bottom left, the schedule and price are listed. At the bottom right, a blue starburst contains the text 'OPEN TO CURRENT YEAR 2-YEAR 6 CHILDREN'.

**MULTI-SPORT**  
**ACTIVITY CAMP**

NOW AVAILABLE FOR YEAR 2 CHILDREN TO ATTEND!

**DODGEBALL**

**HALF TERM HOLIDAYS**  
Tuesday 26th May 2026

**SUMMER HOLIDAYS**  
Thursday 23<sup>rd</sup> July 2026  
Friday 24<sup>th</sup> July 2026  
Monday 27<sup>th</sup> July 2026

**08:30 – 16:00**

**£25 per day**  
Trull C of E VA Primary School  
Head Coach: Mrs. Mitchell  
Assistant Coach: Mrs. Andrews

OPEN TO CURRENT YEAR 2-YEAR 6 CHILDREN

\* max 24 children per day, minimum of 15 for club to run.



April/May/June 2028



## Somerset School Nurse Team Newsletter

**Welcome to the Somerset School Nurse Team newsletter!**

The school nurse team is made up of Specialist Community Public Health Nurses and Assistant Practitioners. We specialise in promoting the health and wellbeing of children and young people aged 5-19 years and cover primary and secondary schools across Somerset.

This newsletter will be delivered termly and is intended to keep you up-to-date on all the things we are doing as a service, and will include topics and links relevant to physical and mental health.

We hope you find this newsletter helpful but please do feedback anything you would like to be added.

[Support Children & Young People - Health & Wellbeing - Play School Links](#)

---

**PHONE SAFETY**

Are you worried about your child being online? For more resources see our app: [Somerset Children's Safety Assistant \(SCSA\)](#)



**Fussy Eating in Children**

Do you worry about your child being a fussy eater?

For further information check out the following websites, or speak with your GP or School Nurse team for further support:

[What's on Your Plate? Fussy Eaters](#)

[NHS](#)

---

**ELSA Support**

Did you know that most primary schools are able to offer ELSA support to school aged children to help them around a variety of issues including bereavement, anxiety, stress, friendships and managing emotions/feelings.

ELSA stands for Emotional Literacy Support Assistant, and they are specialist teaching assistants with a wealth of knowledge and experience of working with children.

ELSA's are trained and regularly supervised by the Educational Psychologists.

Their aim is to build your child's emotional development and to help them to cope with life's challenges.

The ELSA will help your child to find solutions to problems they may have.

Please speak with the ELSA in your school if you feel this support could benefit your child.





**WRAP YOUR CHILDREN UP WITH THE BEST PROTECTION - VACCINATIONS**

**STAY STRONG - GET YOUR CHILD VACCINATED**




**HOW TO KEEP YOUR CHILD HEALTHY Just for kids!**



**Summer Sun Awareness Week**

11th May - 17th May 2028

As the sun weather approaches it is important to remember to stay safe in the sun.

**Sun Safety Tips**

Make sure you:

- Typical time in the shade between 11am & 3pm
- Cover up with suitable clothing and sunglasses
- Take extra care with children
- Don't heat food for 30 minutes

For more advice please visit: [www.gov.uk/sun-safety](#)

---

**Chat-Health**



is your child 5-19 and are you looking for confidential help and support?

A safe and easy way to contact your School Nursing Team

Just send a text: **07480 635 515**

**Tips for SIDS Week**

- In the UK, SIDS (Sudden Infant Death Syndrome) is the leading cause of death for babies under the age of one.
- It is thought that SIDS occurs when a baby's breathing temporarily stops.
- It is not caused by anything you have done or not done.
- It is not caused by anything you have done or not done.
- It is not caused by anything you have done or not done.
- It is not caused by anything you have done or not done.
- It is not caused by anything you have done or not done.
- It is not caused by anything you have done or not done.
- It is not caused by anything you have done or not done.
- It is not caused by anything you have done or not done.

For more advice please visit: [www.gov.uk/sids](#)

---


**Issues with bedwetting?**

Check out the video below for advice...

[BBC Website: Bedwetting - Bedwetting: What you need to know](#)

For further advice or support speak with your GP, School Nurse Team or click on the link below:

[NHS](#) [Home - NHS](#)



presents

# Pantastic

performed by Trull Players Juniors

followed by

# Outside the Box

performed by Trull Players not so Juniors

**Trull Memorial Hall**

**Saturday 16<sup>th</sup> May, 2.30pm or 7pm**

Tickets available from Monday 6<sup>th</sup> April via [www.trullplayers.org.uk](http://www.trullplayers.org.uk)

**MORE INFO**



**FREE!**



**ARMED FORCES DAY WESTON SUPER MARE**

## Armed Forces and Emergency Services Day

**Saturday 20<sup>th</sup> June 2026**

**10:00 AM - Weston-super-Mare Beach Lawns, Seafront**



**Veterans Parade**



**Demonstrations and Arena Displays**



**Food Market**



**Live Music and Funfair**



**eat WESTON Food & Drink**

**TWO-WEEK TRIAL AVAILABLE**

SING  
DANCE  
ACT

ROALD DAHL'S  
**Matilda**  
THE MUSICAL JR.

**BOOK NOW**

[WWW.STAGECOACH.CO.UK/TAUNTON](http://WWW.STAGECOACH.CO.UK/TAUNTON)

**ATTENTION PARENTS!**  
BRAND NEW CLASSES LAUNCHING NOW IN TAUNTON!  
TAUNTON CATHOLIC CENTRE | THE MOUNT | SOMERSET | TA1 3NR

AWARD WINNING PROGRAMS (AS SEEN ON TV!)

FRIDAY SEN CLASSES  
7 - 13 YEARS  
17:30pm - 18:20pm

**BOOK YOUR FREE TRIAL NOW!**

**Programme Information**

Our award winning **MIND** dance programme is specifically designed to support children aged 2 to 8 in developing confidence, coordination, listening skills, and self-control. Through fun, structured movement and music, children learn discipline, respect, and positive behaviour while building a strong foundation for learning and self-expression.

Our **JUNIORS** dance programme works hand in hand with a child's school life, providing many benefits both physically and mentally. Through focused and consistent training, students are taught the value of dedication, teamwork, and perseverance, learning that with effort and commitment, worthwhile goals are achievable.

Our **TEENS** dance programme is designed to support older children and teenagers in building confidence, discipline, and self-belief. Students develop creativity, focus, and resilience while learning how to express themselves positively, work as part of a team, and challenge themselves in a supportive environment.

[WWW.MFDANCE.CO.UK](http://WWW.MFDANCE.CO.UK)

MONEY BACK GUARANTEE | STREET DANCE FOR EVERYONE

QUEEN'S

**MONDAY 4 MAY  
OPEN MORNING**

Email to register:  
[admissions@queenscollege.org.uk](mailto:admissions@queenscollege.org.uk)  
Or visit:  
[queenscollege.org.uk](http://queenscollege.org.uk)

**MAY HALF TERM**  
**TECH HOLIDAY CAMP**  
JOIN THE UK'S COOLEST TECH CAMP!

Next Thing

ROBOTS INVENTIONS TECH FUN

**Taunton School, TA2 6LH**  
26th -29th May 2026  
AGES 5-11, 9 AM - 4 PM DAILY  
[www.nextthing.education](http://www.nextthing.education)

Ofsted Registered

CHILDREN WITH AN ANNUAL INCOME OF LESS THAN £10,000 ARE ELIGIBLE FOR TAX-FREE CHILDCARE

## MAY HALF TERM CAMP

26TH - 29TH MAY 2026

### ACTIVITIES THEY'LL LOVE!

MOVIE MAKING MINECRAFT REDSTONE CIRCUITRY 3D ENGINEERING

ROBOTICS & CODING 3D CREATIONS VR LAZER TAG

"The best camp we've tried! A perfect mix of fun and learning!"

★★★★★

"My child loved every minute - already asking to come back!"

★★★★★

#### WHAT TO EXPECT:

At Next Thing Education, our goal is to ignite curiosity, fuel creativity, and empower young minds for the future! Through hands-on coding & STEM experiences, we inspire the next generation of inventors, creators, and tech leaders. Led by DBS checked, friendly and supportive instructors, kids will explore STEM through exciting activities and challenges.

**FAST BOOKING**

£45 PER DAY or 4 DAYS FOR JUST £162!  
CHILD CARE VOUCHERS OR TAX FREE CHILD CARE ACCEPTED

**LIMITED SPACES, BOOK NOW!**

E: [info@nextthing.education](mailto:info@nextthing.education) T: 01442 873150