



Trull C of E VA Primary School

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*I have come that they may have life,
and have it to the full.
John 10:10*

Dear Parents and Carers,

Welcome back to school for an exciting half term – it has been lovely to enjoy a few glimpses of Spring this week too!

We have a lot to look forward to as we head into March, with a class trip and World Book Day next week followed by STEM Week.

We have received some other wonderful news too.

After a number of conversations and a successful consultation, I am thrilled to inform you that Bishop Fox's School have received approval to alter their catchment area to include all of Trull's catchment area. After a lot of upset and concern last year around secondary school availability, this decision puts us in a fairly unique and enviable position of sitting inside the catchment areas of two secondary schools – The Castle School and Bishop Fox's School.

This decision will come into action from September 2027, meaning our pupils in Year 5 and below will benefit from having a choice of catchment school. I believe it is a hugely positive position to be in and will hopefully help to alleviate some of the concerns raised this time last year.

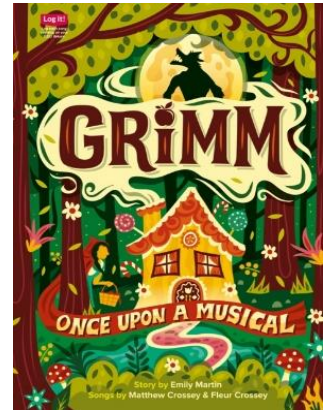
I would like to wish you all a wonderful weekend; hopefully the sun will continue to shine next week too.

Best Wishes,
Luke Bottomley

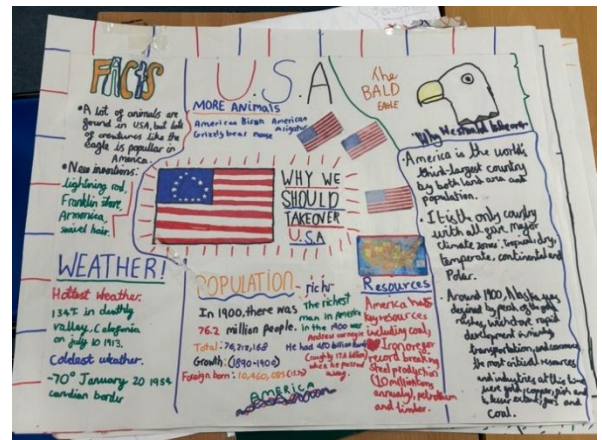
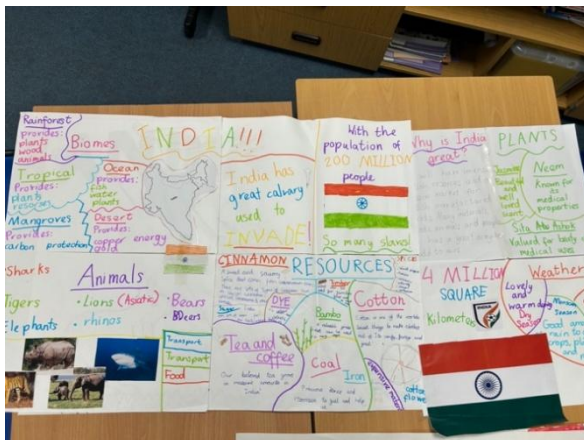


Yew Class News

Spring 2 is always an exciting half term for Yew Class, we are all taking our responsibilities very seriously and are busy planning for the summer term. Before half term we found out the roles for our year 6 play. This year, we are putting on a production of Grimm – The Musical. It is all about the classic fairy tale creatures and their fight of good over evil. After weeks of very serious auditions, Mr Bond, Mrs Andrews and the drama leads had the tough job of selecting the worthy recipients of each role, and we are now busy learning our lines.

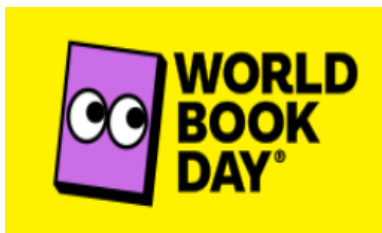


We have been learning about Victorian explorers and the British Empire since Christmas. We all picked countries to go and explore and tried to persuade the King of England that ours should be the expedition to back. We gave some very persuasive arguments about the resources, land and wealth that was on offer in the new exciting lands. The British explorers are inspiring our writing too - we are currently looking at Scott's expedition to the Antarctic, which we have found fascinating. We are hoping to write some newspaper reports on the trials he faced as they raced to the South Pole.



Our reading ambassadors and Mrs Atkins are busy setting up some lovely activities for World Book Day next Thursday (5th March) and are excited to share their assembly with the rest of the school.

World Book Day 2026



World Book Day is Thursday 5th of March and this year we will be enjoying lots of book-related fun! The children will have the chance to share some stories with different classes, with the older children reading to the younger ones. We will be running a number of competitions and the ever popular DEAR (Drop Everything And Read) will take place at various points during the day. The adults in the school will be bringing in a favourite book to share and the children will choose which book they would like to listen to.



We would also like to invite your child to dress up if they wish on World Book Day. They may come in full costume, bring something that shows a clue about a character e.g. a wand, a hat, an item that belongs to a character or come in their pyjamas to celebrate snuggling up in bed with a book!



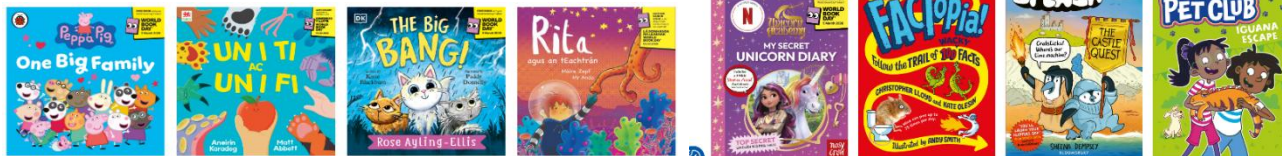
This year, we are inviting families to enter a competition. We are asking that you use an egg box, or part of one, to create something based on a character or a book or even a poem. See the pictures for inspiration. Please bring your creations into school during the Book Week for judging. There will be book-related prizes on offer!

We will also be encouraging the children to enter a national competition to design a book token. There are some fantastic prizes on offer, including having their design made into the card that would be used in book shops every time someone buys a book token. More details to follow.

[Design a National Book Token competition 2026 - World Book Day](#)

The £1 book token will be sent home during the week. There is a great selection of books available this year.

We are really looking forward to sharing our whole school love of reading together.



Theme club

Theme Club is an activity where Ash and Beech Class can explore new ideas, make great art, meet new people and have fun! Each week we do a different activity whether we are making animals or playing outside – it's always great. Run by year 6's (Amber O, Izzy P and Lily W), we value kindness, respect and forgiveness.

Theme club is a calm place to do fun things and have a great lunchtime on Thursday that's different to the ordinary. It's free and no bookings required. We hope to see you there. 😊



Great fun was had by all at Mrs Mitchell's Multiskills Camp during half-term.



Forest Church

We were very excited to have a nice, dry Forest Church session on Thursday. We went on a hunt around the field and forest school area looking for signs of new life.

Thanks to our school Eco Team, we were able to spot daffodils, tulips, snow drops and even a beautiful purple crocus. We talked about what happens during spring and why this is significant leading up to Easter. Thank you God for new life growing everywhere.

Special mentions to Mrs Ferdinando, our School Chaplain, and our KS2 Collective Worship Leads (and friends) for their help every week.



Spring Term – Important Dates

March

Tues 3 rd	Oak Class trip to Cheddar
Thurs 5 th	World Book Day
Fri 6 th	TSF Quiz Night
w/c 9 th	STEM week
Mon 9 th	Bag2School Collection
Tues 10 th	Singing Club to Big Sing
Sat 14 th	TSF Children’s Movie Night
Thurs 19 th	Yew Class trip to Hinkley Point (details to follow)
Friday 20 th	Oak Class Assembly
Thursday 26 th	Parent Workshop (details to follow)
Friday 27 th	Ash Class Assembly



LUNCHTIME AWARD

The classes who received the most lunchtime tokens for kindness, respect and good behaviour this week are:

Ash Class & Yew Class

FREE ADHD training for parents/carers on Wednesday March 4th 9.30am-12.30pm.

Training sessions will be run virtually, through Microsoft Teams. Please can you let Mrs Cerullo or the office know if you would like to attend the meeting as soon as possible.

ATTENDANCE

The class with the best attendance this week is:

Oak Class!

We take child protection extremely seriously at our school. If you have a concern, you can speak to any of the school’s designated and trained Child Protection officers: Miss Grammer, Mrs Cerullo, Mr Bottomley or Mrs Crudge. Alternatively, you can ring Childrens Social Care on: 0300 123 2224 or Email childrens@somerset.gov.uk

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about DIGITAL DEVICES & WELLBEING

Children aged 7 to 14 now spend roughly 3 to 5 hours a day on phones, tablets, consoles, and computers. That much screen time has parents and educators worried – not just about the hours logged, but about online safety and the knock-on effects on mental health. This guide brings together practical, expert-backed strategies so adults can nurture healthier digital habits and help young people thrive both on and offline.

WHAT ARE THE RISKS?

SLEEP DISRUPTION

Excessive screen time, especially before bed, can interfere with melatonin production and delay sleep onset. Children may struggle to concentrate or regulate emotions due to poor sleep hygiene linked to late-night device use.

ONLINE PEER PRESSURE

Social media platforms expose children to unrealistic standards and peer validation loops. Likes, comments, and follower counts can influence self-worth and lead to anxiety or risky behaviour to gain approval.

CYBERBULLYING EXPOSURE

Children may encounter bullying through messaging apps, games, or social media. This can be persistent and anonymous, making it harder to detect. Victims often feel isolated and reluctant to report incidents.

REDUCED PHYSICAL ACTIVITY

Time spent on screens often replaces outdoor play and physical activity. This sedentary lifestyle can contribute to obesity, poor posture, and reduced cardiovascular health.

EMOTIONAL DYSREGULATION

Fast-paced digital content can overstimulate young brains. Children may become irritable, impatient, or struggle with boredom and emotional control when not engaged with screens.

PRIVACY AND SAFETY RISKS

Children may unknowingly share personal information or interact with strangers online. Without guidance, they may not understand the long-term consequences of digital footprints or unsafe online behaviour.

Advice for Parents & Educators

SET CLEAR BOUNDARIES

Establish screen-time limits and device-free zones, e.g. classrooms and dinner tables. Use parental controls and co-create a digital use agreement with children to encourage accountability. Trying a visual schedule or timer app can help children understand and stick to limits.

MODEL HEALTHY HABITS

Children mirror adult behaviour. Demonstrate balanced device use, take regular screen breaks, and prioritise face-to-face interactions to reinforce positive behaviours. Making a habit of putting your phone away during meals and conversations can show that real-life interactions come first.

ENCOURAGE OPEN DIALOGUE

Create a safe space for children to talk about their online experiences. Ask open-ended questions like, "What did you enjoy online today?" to build trust and awareness. Try setting aside 10 minutes each day for a digital check-in where children can share what they've seen or done online.

PROMOTE DIGITAL LITERACY

Teach children how to evaluate online content, recognise misinformation, and understand privacy settings. Empower them to think critically and act responsibly in digital spaces. You could use real-life examples from the news or social media to help children practise spotting fake information.

Meet Our Expert

Adam Gillett is Associate Vice Principal for Personal Development at Penistone Grammar School and works on secondment one day a week for Minds Ahead, which works with schools on improving their mental health provision.



#WakeUpWednesday

The National College

TSF Events

Press play and unwind — it's movie time!

Children's Movie Night

Bring blankets, teddies and cushions!

Saturday 14th March
Trull School Hall

Tickets available via Trybookings via the QR code below.
£5.50 per child (non Trull children welcome but an adult must stay and purchase an adult ticket £2.75)
Children are welcome to come to both movies but must be collected and supervised in between.

Children's Tickets include a drink, popcorn and sweets, Please ensure any dietary requirements are noted when booking.

Zootropolis
Doors Open 2pm, Film starts 2.15pm, collection 4pm

Minions
Doors Open 4.30pm, Film starts 4.45pm, collection 6.15pm

Please note by booking you are giving consent for the age rating of the film selected. Not all helpers will be DBS checked but will be supervised by a DBS checked helper.



Trull School Fundraiser's Event

LIVE MUSIC & HOG ROAST

SNAPPA



SAT 13 JUNE 26
7.30-11.30pm
Trull Memorial Hall

Tickets £25
Early Bird Tickets £22.50
Purchase before 2 May 2026

GET YOUR TICKETS NOW



SCAN ME

Please note we are unable to offer refunds for this event and transfers are subject to approval from the TSF

18+ Adults Only

TSF@TrullSchool.co.uk

TSF QUIZ NIGHT

Friday 6th March



7PM DOORS OPEN, 7.30PM QUIZ STARTS

Prize for the winning team!

Trull School hall
Cash and Card Bar, bring snacks!

£5 per ticket and you will be allocated a team on the night or £25 for a team of 6

TICKETS AVAILABLE BY EMAILING
TSF@TRULLSCHOOL.CO.UK

25/26 key dates

Friday 6th March Adult Quiz Night book by emailing tsf@trullschool.co.uk

Monday 23rd February TSF Meeting 7.30pm at the Winchester Arms

Monday 27th April TSF Meeting 7.30pm at the Winchester Arms

Monday 1st June TSF Meeting 7.30pm at the Winchester Arms

Saturday 13th June TSF Band and Hog Roast Night more details to follow

Friday 17th July School Disco more details to follow

PITP Saturday 11th July 26



TRULL CRICKET CLUB
U11's & U13's
INDOOR
NETS
NEW PLAYERS WELCOME!
Friday 27th February
5:30 - 6:30 PM

Queen's College Sports Hall
 Email lub@queenscollege.org.uk



MULTI-SPORT
ACTIVITY CAMP

Join us for an Easter egg hunt!

DODGEBALL

EASTER HOLIDAYS
 Tuesday 7th April 2026
 Wednesday 8th April 2026
08:30 - 16:00

£25 per day
 Trull C of E VA Primary School
 Head Coach: Mrs. Mitchell
 Assistant Coach: Mrs. Andrews

OPEN TO CURRENT YEAR 3 - YEAR 6 CHILDREN

* max 30 children per day, minimum of 15 for club to run.



EASTER Holiday Camps

Wellesley Park Primary - Tuesday 7th - Friday 10th April
 St John's Primary - Monday 13th - Thursday 16th April

9.00am - 3.00pm
 Multisports Camps

£20 Per day
 10% Whole week discount
 15% Sibling discount

07494175299
hello@inspiredschools.co.uk

Booking for paid places available here
<https://inspiredschools.ipaibookings.com>

FREE Happy Healthy Holiday spaces available from 10.00am on Monday 2nd March here
<https://www.sasp.co.uk/happy-healthy-holidays>



HAPPY HEALTHY HOLIDAYS... IS BACK FOR EASTER!

4 SESSIONS PER CHILD ONLY

Exciting activity clubs for children aged 5 - 16, who are eligible for benefits-related free school meals across Somerset

GET A BOOKING CODE FROM YOUR SCHOOL

BOOKINGS OPEN ON 2ND MARCH

FOOD INCLUDED!

Find and book FREE local activities by visiting:
www.sasp.co.uk/happy-healthy-holidays
 or scan the QR code!

SCAN ME

sasp Somerset Council Department for Education happy healthy holidays somerset