



# Trull C of E VA Primary School

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## Beech Class News

The children in Beech Class have been working so hard over the last few weeks to learn their songs, actions and dances for the Key Stage 1 Nativity 'Christmas with the Aliens'. They have performed the play to audiences four times this week with confidence and enthusiasm. We are so proud of them all!

*I have come that they may have life,  
and have it to the full.  
John 10:10*



A huge well done to all the KS1 children for their amazing performances in the KS1 Nativity.

## Autumn Term – Important Dates

### December

Sun 14<sup>th</sup> Choir at Cedar Concert Hall  
Tues 16<sup>th</sup> Father Christmas visit  
Christingle Service  
Wed 17<sup>th</sup> KS2 Carol Service @ 9.30am (Y3&4)  
KS2 Carol Service @ 2.00pm (Y5&6)  
Thurs 18<sup>th</sup> Christmas Dinner  
School Closes at 1.45pm

### January

Tues 6<sup>th</sup> School reopens  
Fri 30<sup>th</sup> Maple Class Parent Assembly

### February

Tues 3<sup>rd</sup> Parents Evening  
Wed 4<sup>th</sup> Parents Evening

### ATTENDANCE

The class with the best attendance this week is:

**Rowan Class!**

### LUNCHTIME AWARD

The classes who received the most lunchtime tokens for kindness, respect and good behaviour this week are:

**Elm & Rowan Classes!**

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We are looking forward to running the following parent / carer workshops at Trull School:

Confident Parents - Helping your child with everyday challenges on 14<sup>th</sup> January 2026  
Confident Parents - Raising children who bounce back on 29<sup>th</sup> January 2026

Please find the link below which will enable parents and carers to sign up to these workshops:

[Parent/Carer Workshop Booking Form](#)

Please let us know if you need any further information or assistance.

We look forward to seeing you in the new year!



*We take child protection extremely seriously at our school. If you have a concern, you can speak to any of the school's designated and trained Child Protection officers: Miss Grammer, Mrs Cerullo, Mr Bottomley or Mrs Crudge. Alternatively, you can ring Childrens Social Care on: 0300 123 2224 or Email [childrens@somerset.gov.uk](mailto:childrens@somerset.gov.uk)*

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](http://nationalcollege.com).

# What Parents & Educators Need to Know about POKÉMON TCG POCKET



## WHAT ARE THE RISKS?

Pokémon TCG Pocket is a mobile version of the hugely popular Pokémon Trading Card Game, downloaded over 100 million times on Android and iOS. Players collect cards, battle others online, and open packs of cards – known as booster packs – to expand their decks. While the core game can be fun and helps develop tactical and numeracy skills, its design encourages spending and can feed addictive behaviours – making it important for adults to understand the risks.

### ADDICTIVE PACK OPENING



Booster packs rely on probability to provide rare or powerful cards. The excitement of opening them – and the dopamine rush when finding a sought-after card – can become addictive. Unlike purely cosmetic loot boxes, the cards here are integral to competitive gameplay, adding extra pressure for serious gamers to collect more.

### QUICK BUT ABSORBING

Card battles last around five to six minutes, making it easy to fit in “just one more game”. This quick format, combined with the drive to win, can lead to prolonged play sessions and increased screen time without noticing. With limited-time Ranked Match seasons constantly being refreshed – an opportunity to accumulate points and earn profile emblems – players may find themselves drawn into this game mechanic repeatedly.

### PREMIUM PASS PRESSURE

A monthly subscription gives players access to exclusive missions, rewards, and an extra daily booster pack. Missions and rewards are replaced each month, providing an incentive to stay subscribed. While some premium rewards are exclusive, others are available through free play – making the pass more about faster progression and obtaining cosmetic items than true necessity.

### ENDLESS PACK LOOPS

New themed sets of cards are released each month, ranging from around 85 to over 370 cards per expansion. This constant cycle encourages players to keep opening packs in an effort to complete collections or improve their battle decks, potentially promoting unhealthy spending habits. With the introduction of limited-time booster packs, some players may feel increased pressure to collect these cards while they're still available.

### COST OF BOOSTER PACKS

Although free to play, with set rewards and two free booster packs given daily, players can exchange Poké Gold if they wish to open more, and a small amount of Poké Gold is rewarded for free as the player levels up. Poké Gold is also sold in bundles that are often just short of what players need to open extra packs, encouraging them to buy additional bundles.

### COMPETITIVE ONLINE PLAY

Interactions in Pokémon TCG Pocket are relatively safe – there's no messaging between players, friend requests require player approval, no real names are used, and card trading is restricted to fair trades between friends. On the other hand, the competitive nature of online play can still cause frustration, over-investment, and isolation if children spend too much time focused on the game.

## Advice for Parents & Educators

### MONITOR SPENDING HABITS

Set clear boundaries around in-game purchases. Treat Poké Gold as an occasional rather than routine reward, helping children develop healthier attitudes towards digital spend.



### SET REALISTIC EXPECTATIONS

Talk about the unpredictable nature of booster packs and prepare children for disappointment when duplicates appear or rare cards don't surface. Understanding probability can help minimise disappointment – use the game's built-in offering rates guides to find out more about it.



### PLAY TOGETHER

Card battles can help children learn tactics, problem-solving, and rule-following, as well as numeracy skills. Playing alongside them is a great way to share in their enjoyment, while also modelling balanced play and keeping an eye on how much they're investing in the game.



### TEACH FAIRNESS

Losing a battle can be discouraging, especially when money has been spent on collecting the cards to build a deck. Support children in recognising the importance of fairness, learning from both wins and losses, and making considered choices when trading cards.



### Meet Our Expert

Dan Lipscombe is a videogame journalist and children's book author with over 16 years of experience. Specialising in technology and gaming, he has written extensively on how digital platforms affect young people and has been playing games for more than three decades.



## FREE Parent and Carer Workshops

### Talking to your Children and Teens About Their Bodies, Feelings and Relationships

An opportunity to attend a relaxed and informative session for parents and carers of children with special educational needs and disabilities (SEND) of all ages with an additional focus on teenage years.

#### What's This Session About?

Talking about bodies, boundaries, feelings, and relationships with your SEND child or teen can feel overwhelming—but you're not alone.

Each session will be a safe space for parents and carers to be seen, valued and heard. You only need to attend ONE workshop:

**In person:** 26th February 2026 at Albemarle Centre, Taunton, TA1 1BA, 1pm—2:45pm

**Online (live only):** 11th February 2026, 7pm-9pm (please login by 6:55pm)

**Duration:** 1.5 hour workshop + 30 mins Q&A

**Led by Alice Hoyle, National Relationships and Sex Expert and SEND mum, this 1.5-hour interactive workshop will offer practical advice, tips, and signposting to help you feel more confident starting (or continuing) important conversations at home.**

#### Learning Outcomes:

How Relationships and Sex education can look different for SEND children and teens — and why that's okay

Tips for talking about bodies, friendships, puberty, and safety at home

How to use everyday moments to build understanding and confidence

Where to go for trusted resources, books, websites and next steps

Click here to book your place: [Talking to your children and Teens about their bodies, feelings and Relationships – Fill in form using this QR code:](#)



For further enquiries please email: [admin@somersetparentcarerforum.org.uk](mailto:admin@somersetparentcarerforum.org.uk)

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&  
WINTER  
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PE KIT**

EMAIL TSF@TRULLSCHOOL.CO.UK OR CONTACT YOUR CLASS REP

## MULTI-SPORT ACTIVITY CAMP

**DODGEBALL**

**CHRISTMAS HOLIDAYS**  
**Monday 22<sup>nd</sup> December 2025**  
**Tuesday 23<sup>rd</sup> December 2025**  
**08:30 – 16:00**

**£25 per day**  
 Trull C of E VA Primary School  
**Head Coach: Mrs. Mitchell**  
**Assistant Coach: Mrs. Andrews**

\* max 30 children per day, minimum of 15 for club to run.

OPEN TO CURRENT  
YEAR 3-YEAR 6  
CHILDREN

## SILVER BRIDGE SCHOOL

### BEAUTIFUL WORK EXHIBITION

Bridging the Community at Taunton Library  
Open Daily at 9.30am | Monday 8th December for one week

We warmly invite you to our Beautiful Work Exhibition. An opportunity for students to celebrate success and show off the beautiful work from their Enterprise Projects.  
We very much hope to see you there!

**Silver Bridge exists to transform the educational landscape and provide a unique and individual offer.**

## Christmas Holiday Camps

**Creech St Michael- 22<sup>nd</sup>, 23<sup>rd</sup> & 29<sup>th</sup> December**

**Orchard Grove Primary- 23<sup>rd</sup>, 29<sup>th</sup> & 30<sup>th</sup> December**

**Wellesley Park Primary- 22<sup>nd</sup>, 23<sup>rd</sup> & 29<sup>th</sup> December**

**£20** Per day

**10%** Whole week discount

**15%** Sibling discount

**INSPIRED SCHOOLS**

07494175299

hello@inspiredschools.co.uk

<https://inspiredschools.ipaibookings.com>

For paid places

Limited free places available for children on benefit related free school meals

**Happy Healthy Holidays FREE Places**

Bookable at 10am on Monday, 24<sup>th</sup> November



**Activity Calendar**  
Community Inclusion and Activity Team  
**Christmas Holidays**  
Sat 20 Dec - Fri 2 Jan 2026

Somerset Council

For ALL children and young people in Somerset with a disability or additional needs  
\*You DO NOT have to be referred to any service to access these activities, unless otherwise stated.

The poster features a green and red background with white snowflakes and a white Christmas tree silhouette at the bottom. It includes several photographs of children and young people engaged in various activities: a child in a tent, a group of children sitting on a log, a child at a table with a Mario game, a child at a computer, and a group of children in front of a Bristol Zoo sign. The Somerset Council logo is in the top right corner.

The calendar, and more information about the Community Inclusion Activity Team, can be found under the Local Offer at [Activities for families \(somerset.gov.uk\)](http://Activities for families (somerset.gov.uk))



**Young Somerset** **FREE**

**Confident Parents - Helping Your Child to Meet Everyday Challenges**

**TOPIC: Anxiety and Low Mood**

This is a 2hr workshop facilitated by Young Somerset. It is an opportunity to meet other parents and share common concerns. We talk about, the signs and symptoms of everyday challenges such as anxiety and low mood, some do's and don'ts and share hints and tips on how to support your child. Tea, coffee and biscuits provided.

**Wednesday 14th January 2026**  
**6pm - 8pm**

Book your space by contacting:  
Rachel.Cerullo@TrullSchool.co.uk

Trull School  
Church Rd, Trull, Taunton TA3 7JZ

[www.youngsomerset.org.uk](http://www.youngsomerset.org.uk) @youngsomerset

The poster features a photograph of a woman hugging a young boy. The background is a mix of yellow and dark blue. The Young Somerset logo is in the top left corner.



**Young Somerset** **FREE**

**Confident Parents - Raising Confident Children Who Bounce Back**

**Topic: Resilience**

This is a 2-hr workshop facilitated by Young Somerset. It is an opportunity to meet other parents and to share common concerns. We discuss what helps young people to feel more confident in dealing with the up and downs of life. Tea, coffee and biscuits provided

**Wednesday 21st January 2026**  
**6pm - 8pm**

To sign up please contact:  
Rachel.Cerullo@TrullSchool.co.uk

Trull School  
Church Rd, Trull, Taunton TA3 7JZ

[www.youngsomerset.org.uk](http://www.youngsomerset.org.uk) @youngsomerset

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