



Trull C of E VA Primary School

Telephone Number: 01823 333239

Office email: Office.Mailbox@TrullSchool.co.uk

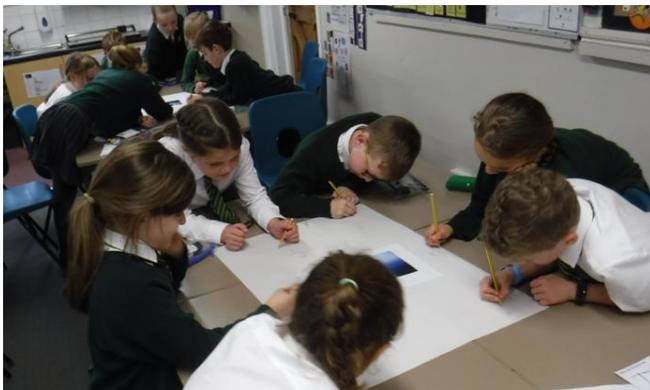


Oak Class News

Oak Class have had a hardworking first week back! We have started our new English learning which is all about instructions. We had to follow some instructions about what to draw and what to colour in the bedroom picture. We were surprised that even though we all had the same instructions, the pictures were nearly all different. This helped us see that when we write our instructions we need to add lots of detail! We also followed more instructions to make a fortune teller that we filled with messages about our school values.

Our new RE topic is Incarnation – about how Christians believe God is shown. We began the learning by thinking about how water can be a symbol for lots of different emotions. We have also begun to think about the Christmas Service which Oak Class are in charge of. We are excited to see who will be doing which parts. Watch the newsletter for more details!

*I have come that they may have life,
and have it to the full.
John 10:10*





Poppies on the Playground

Year 6 have made an amazing display of our poppies for the playground.



Values Week 2025

Monday 10th November - Friday 14th November

ODD SOCKS DAY on
MONDAY 10TH NOVEMBER 2025



Come to school wearing your odd socks to celebrate what makes us all unique!



B B C
CHILDREN
IN NEED



Friday 14th November 2025

On this day your child can bring a colourful spotty accessory to wear with their school uniform - this could be a tie, scarf, socks, hair accessory etc (to wear, so not cuddly toys etc).

We will also be having a collection for Children in Need at the school gates in the morning if you would like to make a donation.

Road Closures

Please be aware that starting from Monday 10th November until Friday 21st November, there are resurfacing works along Trull Road/Honiton Road from Claremont Lane to Dipford Road junction.

The works will take place between 9.30am and 3.30pm with access available outside of these times. The works will start at the Queens College end so initially there will be no access down Wild Oak Lane either. As the works roll on, Wild Oak Lane will become accessible. We also expect the lanes will become quite congested during these times.

These timings are not ideal for school pick-up. However, please do not worry as we will keep hold of your children until you are able to arrive. Perhaps consider parking up and walking to school if you usually drive in.



Further information regarding this and the diversion routes can be found at:
<https://www.somerset.gov.uk/roads-travel-and-parking/roadworks-and-travel/>

Car Parking

A reminder please to be courteous when parking along Church Road and Wild Oak Lane. Please do not block gates or driveways and be respectful of our neighbours.

When parking in the car park, please be considerate of others and do not block cars, park outside spaces or use the disabled parking bays unless you have a blue badge.

Many thanks.

Autumn Term – Important Dates

November

Mon 10 th	Odd Socks Day
Tues 11 th	Yew Class Parents Assembly
Weds 12 th	Y5 to Life Exhibition at Oakwood Church
Thurs 13 th	Y6 to King's College Prep for The Lion King
Fri 14 th	Children in Need
Weds 19 th	Parent Book Look Y6 Parent's Evening
Thurs 20 th	Y6 Parent's Evening
Weds 26 th	Choir to sing at Oak Meadows Care Home
Fri 28 th	TSF Christmas Fair

ATTENDANCE

The class with the best attendance this week is:

Yew Class!

LUNCHTIME AWARD

The classes who received the most lunchtime tokens for kindness, respect and good behaviour this week are:

Ash, Oak and Rowan Classes!

Monday 10th November 2025 9.30am-12.30pm

Free ADHD training run by the Educational Psychology Service

This is open to everyone! I am hosting the meeting at school in the Pool Room, so please do join me for coffee, tea and biscuits.

Mrs Cerullo

Please let the office know if you will be attending.



We take child protection extremely seriously at our school. If you have a concern, you can speak to any of the school's designated and trained Child Protection officers: Miss Grammer, Mrs Cerullo, Mr Bottomley or Mrs Crudge. Alternatively, you can ring Childrens Social Care on: 0300 123 2224 or Email childrens@somerset.gov.uk

Free Training For Parents/Carers Of Neurodiverse Children

This **free** three-hour training session is being run by the Educational Psychology Service on the following dates:

Monday 10th November 9.30am-12.30am

Wednesday 4th March 9.30am-12.30am

The session will look at **ADHD**, what it is as well as what it isn't, explore differences (neurodiversity), and offer practical strategies and guidance to support children and young people with **ADHD**.

Please let Mrs Cerullo or the office know if you would like to attend the training.

Mrs Davenport has started up a French Group for reception children on a Tuesday lunchtime.

If your child is interested in learning French, please contact

Mrs Davenport at:

alysondavenport@hotmail.com



Craft comes to Trull...

What a wonderful opportunity to pick up unique gifts and decorations as Trull hosts not 1, but 2 fabulous craft events on **Saturday 15th November!**

Please attend both of these fantastic events in the heart of the village, support 2 great local causes and get a head start on your Christmas shopping!

Busy Bees Craft Group Craft Sale - The Hive Café, 10am - 12noon

There will be a variety of handcrafted items including seasonal gifts and decorations. Come along and find that something different. It will be lovely to see you.

All proceeds will support The Hive Café.

Christmas Craft Fayre - Trull Memorial Hall, 10am to 2pm

Free entry, refreshments available, lots of crafty ideas for Christmas presents. All welcome.

All proceeds to Trull Primary School.

Cash only sales.



At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators DEALING WITH TRAUMATIC & CHALLENGING EVENTS

Children and young people may face a wide range of traumatic or challenging events – from bereavement and illness to bullying, family breakdowns, or witnessing violence. These experiences can affect their mental health, behaviour, relationships, and academic progress. With the right support from trusted adults, children can begin to feel safe, rebuild resilience, and develop healthy coping strategies. This guide offers practical and empathetic ways to provide support and promote positive outcomes.

1 A PREDICTABLE ENVIRONMENT

Children who have experienced trauma often feel unsafe or uncertain. Creating routines, setting clear expectations, and maintaining consistency can help restore a sense of security. This structure offers reassurance and helps children feel more in control of their surroundings.

2 USE LANGUAGE THAT MATCHES THEIR AGE

Speak clearly and sensitively, choosing words that are appropriate for the child's age. Avoid overwhelming them with too much information at once. Offer gentle, honest explanations and focus on reassurance, especially when talking about difficult or sensitive subjects.

3 TRAUMA AND THE BODY

Mention briefly that trauma can show up in physical ways, such as changes in sleep, appetite, concentration, or as physical aches and pains. Consider this before labelling behaviour as 'difficult' or 'lazy'. Some children may become withdrawn, while others may be more outwardly challenging. Highlight that there's no 'one way' children respond.

4 AVOID RETELLING OR RELIVING TRAUMA

Children sometimes get asked to explain or repeat their experience multiple times. Striking a balance of when to listen and when to gently redirect can help to avoid unnecessary re-traumatisation. Acknowledge, but don't probe for detail unless safeguarding procedures require it.

5 AVOID DISMISSING OR MINIMISING FEELINGS

Seemingly well-meaning comments like "It's not that bad" or "You're okay" may shut down children's emotional expression and are often not helpful. Instead, acknowledge what they're feeling, even if it seems small. Validating a child's emotions helps them feel seen and encourages open communication in future.

6 UNDERSTAND HOW THEY'RE FEELING

Many children don't have the words to express their emotions, especially during distress. Supporting them to name what they're feeling – such as angry, scared or sad – builds emotional literacy. Tools like emotion charts, drawing, or storytelling can help externalise feelings in a safe, manageable way.

7 BE AWARE OF YOUR OWN RESPONSES

Children pick up on adult emotions and reactions, often mirroring them. Staying calm, even in challenging situations, helps children feel more secure. Practising your own self-regulation is an important way to model healthy stress management and encourages children to do the same.

8 SEEK PROFESSIONAL SUPPORT

While many children benefit from everyday emotional support, some will need more specialised help. If symptoms persist, worsen, or disrupt their daily life, consult with school safeguarding leads, a GP, or a mental health professional. Early intervention can prevent long-term difficulties and support healthy recovery.

9 MAINTAIN CONNECTION

Isolation can worsen the impact of trauma. Encourage involvement in group activities, praise their efforts, and ensure they feel like a valued part of the school or family community. Meaningful connection with trusted adults and peers builds resilience and a sense of belonging.

10 BE PATIENT – HEALING TAKES TIME

There's no quick fix for emotional recovery. Children may have good days and setbacks, and progress may not always be visible or linear. Your ongoing support, patience, and presence can help them move forward at their own pace, knowing they are not alone.

Meet Our Expert

This guide has been written by Anna Bateman. Anna is passionate about placing prevention at the heart of every school by integrating mental wellbeing within the curriculum, school culture, and systems. She has been a member of the advisory group for the Department for Education, advising them on their mental health green paper.



The National College



**MULTI-SPORT
ACTIVITY CAMP**

Christmas party games
Christmas prizes to be won!

DODGEBALL

CHRISTMAS HOLIDAYS
Monday 22nd December 2025
Tuesday 23rd December 2025
08:30 – 16:00

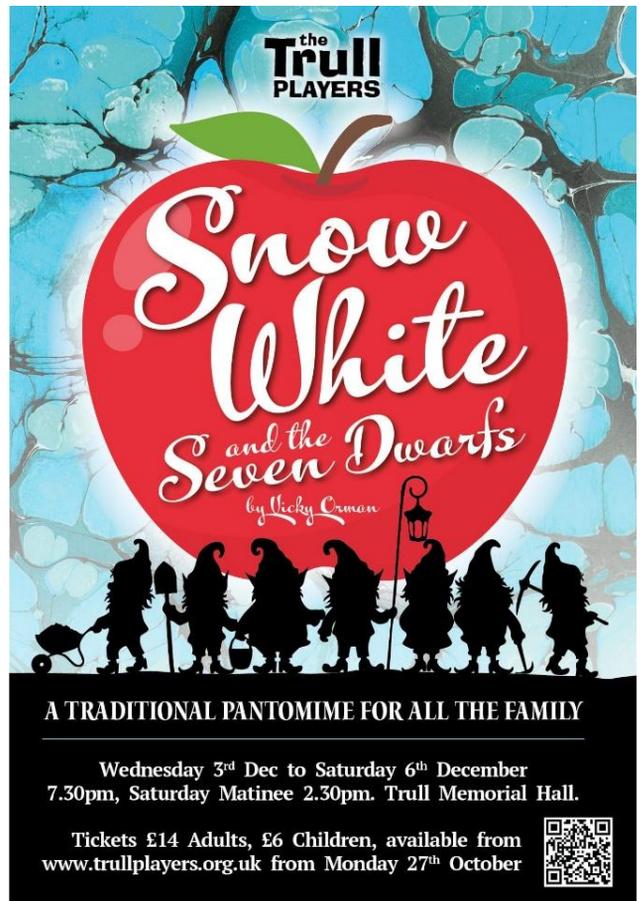
£25 per day
Trull C of E VA Primary School

Head Coach: Mrs. Mitchell
Assistant Coach: Mrs. Andrews

* max 30 children per day, minimum of 15 for clubs to run.

OPEN TO CURRENT
YEAR 3-YEAR 6
CHILDREN

Christmas Multi Sport Activity Camp dates out now! Book early as spaces are limited.



the Trull PLAYERS

**Snow White
and the Seven Dwarfs**
by Mickey Cronin

A TRADITIONAL PANTOMIME FOR ALL THE FAMILY

Wednesday 3rd Dec to Saturday 6th December
7.30pm, Saturday Matinee 2.30pm. Trull Memorial Hall.

Tickets £14 Adults, £6 Children, available from
www.trullplayers.org.uk from Monday 27th October



Family service

Sunday 9th November

Starting after the Act of Remembrance at the War Memorial.
With refreshments from 10.30am in the Trull Church Community Centre

We sing, pray, learn about God, and have fun together!
We do this in a variety of ways including games, craft and interactive stories.

This is a noisy and beautiful service, where all ages worship God together.

Scan the QR code for more information!

