



Trull C of E VA Primary School

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*I have come that they may have life,
and have it to the full.
John 10:10*



Wonderful Willow Class! 😊

We have had **such** a busy term already in Willow Class. We are very lucky that it is our turn for Forest School with Miss Guildford. In each of our sessions, we have been linking our learning to our Science lessons by exploring everyday materials and their properties. Last week, we worked in teams to build miniature boats to float on the pond and this week we did some den building! All of the children needed to think about the properties of the materials selected to make sure that the boats could float and the dens were warm and waterproof. In our Science lessons, the children carried out experiments to test the properties of different materials which was very helpful for our Forest School challenges!

In our Art & Design lessons, we have been learning about creating typography artwork. This week, we decided to create letters using natural objects such as twigs, grass and leaves. The children used their observational drawing and mark making skills to create detailed sketches of their letters.

Finally, Willow Class are so excited to have pen pals in a French school! All of the children have been working incredibly hard with Mrs Andrews in their French lessons to write their first letters to send to their pen pals!



At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about GROUP CHATS

WHAT ARE THE RISKS?

Occurring through messaging apps, on social media and in online games, group chats are among the most popular ways that young people engage with their peers online. Involving, by definition, three or more individuals, these groups allow users to send messages, images and videos to everyone in one place. While they are useful for helping friends, people with shared interests or members of a club to communicate and coordinate activities, they can also leave young people feeling excluded and bullied – as well as providing opportunities for inappropriate content to be shared and viewed.

BULLYING

Unkind comments or images which are purposely aimed at an individual can be shared freely in a group chat – allowing and often encouraging others to join in the bullying behaviour. If this content is shared in a group of their peers (especially a larger group), it serves to amplify the hurt, embarrassment, anxiety and isolation that the victim feels.

EXCLUSION AND ISOLATION

This common issue with group chats can happen in several ways: starting a new group, for instance, but deliberately excluding a certain child. Likewise, the chat may take place on an app which one child doesn't have access to, meaning they can't be involved. A child can also feel isolated when a group chat is used to discuss or share images from an event that everyone else but them attended.

INAPPROPRIATE CONTENT

Some discussions in group chats may include inappropriate words, swearing and unsuitable images or videos. These could be viewed by your child if they are part of that group, whether they actively engage in it or not. Some chat apps have a disappearing message function, so your child may be unable to report something they've seen because it can only be viewed once or for a short time.

SHARING GROUP CONTENT

It's important to remember that – while the content of the chat is private between those in the group – individual users can easily share a message, photo or video with others outside of the group or screenshot what's been posted. The risk of something your child intended as private becoming public (and potentially going viral) is higher if there are people they don't know well in the group.

UNKNOWN MEMBERS

Within larger group chats, it's more likely your child will be communicating with people they don't really know. These strangers may be friends of the host, but not necessarily friendly toward your child. It's wise for young people not to share personal details and stay aware that they have no control over the messages and images they share after they've put them online.

NOTIFICATIONS AND FOMO

A drawback of large group chats is the sheer number of notifications. Every time someone in the group messages, your child's device will be 'pinged' with an alert – potentially, this could mean hundreds of notifications a day. Not only is this highly distracting, but young people's fear of missing out on the latest conversation results in increased screen time as they try to keep up with the chat.

Advice for Parents & Carers

CONSIDER OTHERS' FEELINGS

Group chats are often an arena for young people to gain social status. This could cause them to do or say things on impulse, which could upset others in the group. Encourage your child to consider how other people might feel if they engaged in this behaviour. If your child does upset a member of their group chat, support them to reach out, show empathy and apologise for their mistake.

GIVE SUPPORT, NOT JUDGEMENT

Remind your child that they can confide in you if they feel bullied or excluded in a group chat, instead of responding to the person who's upset them. Validate their hurt feelings and help to put them back in control by discussing how they'd like to handle the situation. On a related note, you could also empower your child to speak up if they're in a chat where others are being picked on.

BLOCK, REPORT AND LEAVE

If your child is in a chat where inappropriate content is being shared, advise them to block the users sending the material, report them to the host app or platform and exit the group. If any of this content could be putting a minor at risk, contact the police. Emphasise to your child that it's OK for them to simply leave any group chat that they don't feel comfortable being a part of.

PRACTISE SAFE SHARING

In any online communication, it's vital for young people to be aware of what they're sharing and who might potentially see it. Discuss the importance of not revealing identifiable details like their address, their school or photos that they wouldn't like to be seen widely. Remind them that once something is shared in a group, they lose control of where it may end up and how it might be used.

AVOID INVITING STRANGERS

Sadly, many individuals online hide their true identity to gain a child's trust – for example, to gather information on them, to exchange inappropriate content or to coax them into doing things they aren't comfortable with. Ensure your child understands why they shouldn't add people they don't know to a group chat – and, especially, to never accept a group chat invitation from a stranger.

SILENCE NOTIFICATIONS

Having a phone or tablet bombarded with notifications from a group chat can be a massive irritation and distraction – especially if it's happening late in the evening. Explain to your child that they can still be part of the group chat, but that it would be healthier for them to turn off or mute the notifications and catch up with the conversation at a time which better suits them.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



Spring Term – Important dates

January

Wednesday 24th Y1 and Y2 Trip to SS Great Britain
Tuesday 30th Phonics meeting for Year 1 parents with Mrs McAndrew
Wednesday 31st Phonics meeting for Reception parents with Mrs McAndrew

February

Friday 2nd TSF School Disco
Monday 5th TSF Meeting @7pm (Winchester Arms)
Tuesday 6th Parents evening
Wednesday 7th Parents evening
Friday 9th Elm Class Assembly
Monday 12th – Friday 16th Half Term
Tuesday 20th – Friday 23rd Year 6 Bikeability
Friday 23rd TSF Bingo



ATTENDANCE

The class with the best attendance this week is:

Elm Class!

School Vacancy

We are currently looking for staff to help in our Late Club on Fridays (3.00pm – 5.45pm). Other days are likely to become available as well.

If you are interested, or have any questions, please contact the school office at office.mailbox@trullschool.co.uk



New Play Equipment

A polite reminder to parents that once the play equipment is ready to use, you are responsible for your children when they are playing, both before school and after school.



SEND

FREE ADHD TRAINING.

The Educational Psychology Service are offering free training for parents and carers of children with ADHD. The sessions last 3 hours and will be run through Microsoft Teams. They will take place on the following dates:

Monday 22nd January 9.30am-12.30pm

Wednesday 13th March 1-4pm

Monday 22nd April 9.30am-12.30pm

Wednesday 19th June 11-4pm

Please note that the content will be the same for each session. Please can you let Mrs Cerullo know if you would like to attend any of these sessions as soon as possible. If there are a sufficient number of parents who would like to attend either of the Wednesday sessions, Mrs Cerullo will run this session at school.

WISE (Workshops for Information, Support and Education)

The Somerset Parent Carer Forum have created a range of fantastic workshops based on topics parents have expressed would be helpful – Workshops for Information, Support and Education (WISE).

All the workshops are delivered or co-delivered by someone with lived experience of being a parent carer. Alongside this there will be information workshops held both face to face and online. Bookings for the workshops are being managed by SPCF. You don't need to be a member of the forum to attend but will need to be added to their database to enable your booking details to be secure. Please see the latest dates below: Somerset Parent Carer Forum have created a range of fantastic workshops and events based on topics parents have expressed would be helpful. WISE workshops offer training and support around a range of SEND topics including social stories, demand avoidant behaviours and social difficulties and differences.

All the workshops and events are delivered or co-delivered by someone with lived experience of being a parent carer. Alongside this there will be information workshops held both face to face and online. Bookings for the workshops are being managed by SPCF.

To find out about future events go to: [Events \(somersetparentcarerforum.org.uk\)](https://www.somersetparentcarerforum.org.uk) Alternatively, email the Somerset Parent Care Forum at: admin@somersetparentcarerforum.org.uk or telephone them on: 01458 259384



A vibrant purple poster for a school fundraiser. The background is decorated with various bingo-related icons: bingo cards, colorful balls with numbers (7, 19, 35), a spinning wheel, and a calculator. The text is centered and uses a mix of bold, outlined, and plain fonts. At the bottom, there is a QR code, a door opening time, and a restriction notice.

TRULL SCHOOL FUNDRAISERS

BINGO NIGHT

**Friday 23rd
February**

Come and join us for a night of bingo and help us raise funds for our new playground equipment.

£10 PER PERSON IN ADVANCE FROM SCHOOL OR PAYPAL:	TRULL SCHOOL TA3 7JZ	PROSECCO BAR CASH ONLY	PRIZES FROM LOCAL BUSINESSES
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 **Doors open 7pm** **ADULTS ONLY**



Southern Sinfonia
The Chamber Orchestra of Southern England

QUEEN'S COLLEGE TAUNTON

Orchestral Festival

Sunday 4th February 2024
10am-4pm

- A fabulous day for young musicians up to 18 and from Grade 3 upwards
- Featuring sectional rehearsals with professional musicians from the Southern Sinfonia and their Artist Director, Simon Chalk
- Concert to end the day for all family and friends
- Completely free, including brunch and refreshments



We are delighted that Simon Chalk, a conductor of international standing and Artistic Director of the Southern Sinfonia will again be joining us to lead the orchestra.

Simon has appeared at many of the world's most iconic venues, from the Royal Albert Hall and Sydney Opera House to the O2 in London and Caesar's Palace in Las Vegas to name but a few, working alongside some of the finest soloists.

"...second to none..."
"...a wonderful event..."

QUEEN'S COLLEGE TAUNTON

"The quality of equipment, inspirational teaching and levels of enthusiasm from pupils were fabulous."
- Good Schools Guide 2023



The Head of College Mr Julian Noad, warmly invites you to attend our

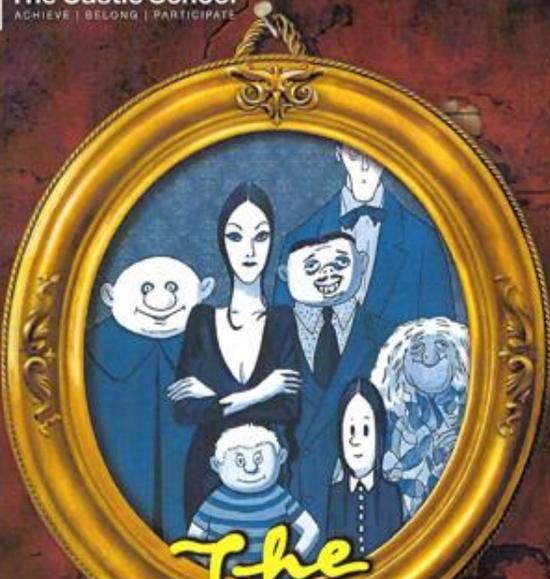
OPEN AFTERNOON

Friday 1 March | 13:30-15:30

Register your interest via our website (scan the QR code) or contact our Admissions team
01823 340830 admissions@queenscollege.org.uk
(Ages 11 to 18)
www.queenscollege.org.uk



The Castle School
ACHIEVE | BELONG | PARTICIPATE



The Addams Family

A NEW MUSICAL COMEDY

Tickets available here:



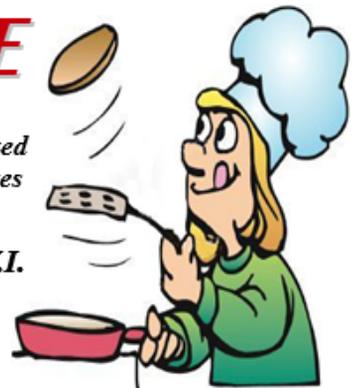
£12 all tickets
6th - 9th Feb '24 @ 7pm

TRULL VILLAGE MEMORIAL HALL

PANCAKES GALORE

A selection of freshly cooked savoury and sweet pancakes prepared by

TRULL TRENDLES W.I.



Come and join us for our

Annual Pancake Lunch on
Shrove Tuesday

Tuesday 13th February 2024
12 noon to 1.30pm