

Bishop Fox's are pleased to work alongside Trull C of E Primary School to produce freshly cooked, varied and nutritious lunches for pupils.

Our aim is to provide food that is balanced, wholesome and interesting with some innovative ideas.

Ingredients

Where possible, we source our ingredients from local suppliers. For example, we get our meat from F Griffiths and Sons Butchers and Fruit and Vegetables from West Country Produce - both Somerset based suppliers.

Promotions

We have various theme days throughout the year. For example Roald Dahl Day, Halloween, Christmas and Valentines Day. Here is a sample of the menu we provide. The menus are rotated on a 6 week basis, so your child won't get bored of eating the same things.

MONDAY		TUESDAY
Sausages, Mash Potato (G, M, SD) & Baked Beans		Tuna Pasta Bake with Garlic Bread & Salad (F, G, M)
Quorn Sausages (S, SD, M) Mash Potato & Baked Beans (V)		Cheese & Tomato Pizza (G, M, S) with Garlic Bread & Salad (V)
Jacket Potato with Baked Beans / Tuna Mayo (F, E) / Cheese (M) (V)		Jacket Potato with Baked Beans / Tuna Mayo (F, E) / Cheese (M) (V)
Arctic Roll (M, G, E)		Apple Sponge and Custard (E, G, M)
Fresh Fruit / Yoghurt (M)		Fresh Fruit / Yoghurt (M)
Yorkshire Puddin Potatoes & Gravy (served with Cabbe Roast Chicken Ba Chocolate Brown		oast Potatoes & Gravy (SD)
THURSDAY		FRIDAY
Chicken & Ham Pie, New Potatoes &		Fish Cake, Chips & Baked Beans (F, G, Mu)
Sweetcorn (G, M, E)		Cheese Omelette (M,E) & Baked Beans (V)
Vegetable Crumble, New Potatoes &		Jacket Potato with Baked Beans /
Sweetcorn (M, G) (V)		Tuna Mayo (F, E) / Cheese (M) (V)
Jacket Potato with Baked Beans /		Funch Funit & Los Guerra (M)

Tuna Mayo (F, E) / Cheese (M) (V)

Chocolate Mousse (M, G)

Fresh Fruit / Yoghurt (M).....

Allergen Information G - Gluten SD - Sulphur Dioxide M - Milk E - Egg F - Fish S - Soya Mu - Mustard C - Celery SO - Sesame Oil

Fresh Fruit & Ice Cream (M)

Fresh Fruit / Yoghurt (M)

- Fresh Fruit and Vegetables
- · Minimal use of fats
- · Lots of flavour
- · Cooked fresh daily
- Free Range eggs
- Red Tractor Meats

