



# Ash Class

## Knowledge Web Autumn Term 1 - 2023

### Starting School

Welcome everyone. Younger siblings of current pupils and new families.

This is a Knowledge Web.

Each class sends them home at the start of every term to help with the conversations at home around the learning at school. We hope they help you understand what the children are experiencing at school.



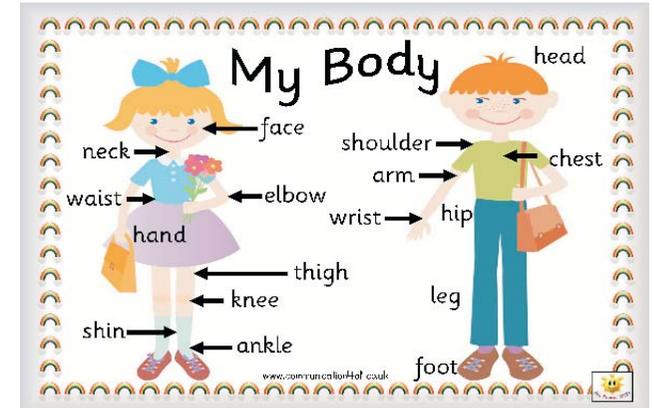
### Our Special Books

**What makes me, Me?** by Ben Foulks  
**Super Duper You** by Sophy Henn  
**The Colour Monster Goes to School** by Anna Llenas

Along with others about starting school, these books are a brilliant selection to share with the class to make them feel good about their current Milestone of starting school.

### Our Topic - Ourselves

Key knowledge - What parts of the body can we label?



What foods are healthy for our bodies?

What activities can I do to exercise and keep fit?

How do we wash our hands properly?



Are we able to manage our own personal hygiene?

What would we do if we ever felt unsafe?

How do we stay safe online?

### Our Topic - Ourselves

#### Vocabulary

Self Portrait	A picture of myself.
Skeleton	Bones inside my body.
Growth	How we change over time.
Hygiene Cleanliness	Washing away germs.
Being Healthy	Looking after your body.
Safeguarding	Keeping yourself safe.

### Our Topic - Ourselves

What will I know by the end of the unit?

- \* We all grow and change over time.
- \* We need to look after our bodies by eating healthy and exercising regularly.
- \* The importance of hygiene and washing hands.
- \* What we do if we are feeling unsafe.
- \* Who to ask for help.
- \* We are all different.

